

ADDICTED TO APPROVAL – Pete Wilson

***Genesis 29:16-25**

I constantly worry about what others might be thinking of me.

1-----5-----10

I do not do certain things because other people may not approve.

1-----5-----10

I continually play back criticisms in my head.

1-----5-----10

I get anxious when I think someone might be upset with me.

1-----5-----10

I stop myself from speaking up when I think someone won't agree with me.

1-----5-----10

I find myself consistently disappointed in other people because they don't meet my expectations.

1-----5-----10

When I'm hurt or upset it's always someone else's fault.

1-----5-----10

I can't say no to people even if it costs the people who deeply care about me.

1-----5-----10

APPROVAL ADDICTS ARE:

- DESTINED FOR _____

**Romans 12:1-2*

- DESTINED FOR _____

**Colossians 3:1-4*

- DESTINED FOR _____ AND _____

**Psalm 139:23-24*

**Psalm 139:1-4*

**Romans 5:8*