



GROUPS AT CROSS POINT

BREAKING THE ICE

Have you ever gone to an event or venue and had a good experience but end up being disrupted by something that may alter the rating of your experience? Was it good or bad? Would you or did you return?

When you are in a threatening situation do you usually go to fight or flight?

MAIN CONTENT

Sunday, we concluded our series by getting a glimpse of what it is like for our hearts to follow what we invest in.

1. What sticks out to you in the message?

Fear is something that plagues us all in many ways. Sunday, Pastor Kevin shared with us about his quest for some sweet tea and how his family encountered an experience that impacted their 5 Star trip to Chicago ensuing fear. Fear is a reasonable and rational response to a perceived threat. We carry and are hardwired to feel fear.



God knows we deal with fear. Because we deal with fear so often, the most frequent command in the Bible, is "Don't fear". An example of this is in Luke Chapter 12 verse 32 when Jesus is speaking to his disciples warning them about worry.

2. What fear(s) do you have that has or is keeping you to follow through on what God has called you to do?

Read: Luke 12:32-34

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Jesus tells us, “Do not be afraid...”, and goes on to mention that God wants to give us his kingdom. We constantly battle the weight of fear in every form. Whether it is the fear of heights, falling, failing, succeeding, we allow fears to disrupt our lives (kingdom) and keeping us from focusing on the kingdom of God. God’s kingdom is his rule, reign, power, sovereignty, love, and care for you. You have a kingdom too. It is just a lot smaller. Your kingdom can be your office space, your house, your car, etc. But usually when fear disrupts our kingdom, we feel the security of it being infiltrated.

3. Do you feel that it is easier to look for security from your fear yourself?

4. How can the fear that we carry affect our kingdom and those around us?

God wants to teach us what to do with our fear. Living in fear robs us of our full life. We can feel fear. But if we live in it, we miss the life that God created for us. Jesus taught us to pray. [Matthew 6: 9-10]. When you say this prayer, you invite God and a kingdom that is bigger than yours into your life and situation.

5. What areas of your life have you invited the kingdom of God into? What area of your life do you feel that you are holding back from the kingdom of God?

Read Matthew 6:9-13

6. Which verse in this passage speaks to you the most?

CLOSING PRAYER

God thank you for giving us the kingdom. Thank you for allowing us to lean on you while we focus on our own kingdom. Help us in understanding the belonging of everything to you. Help us look beyond our rule and look into yours. We pray that we give the weight of fear to you so that we may follow through on what you have called us to do. Teach us what to do with our fear. Teach us to follow the investments that we make in you and your kingdom through our hearts. We are able to live our life fully, all because of you. In your son’s name we pray, Amen.

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ACTION STEP

Pair up with a member in your group and share a fear that has been hard for you to let go of in your life. Pray for each other at the end of the meeting and throughout the week. Keep in touch with the group member as you continue to pray for one another and support one another in giving your fears to God and inviting his peace to your kingdom.

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