



GROUPS AT CROSS POINT

BREAKING THE ICE

When is the last time you received snail mail – an actual card or letter for someone?

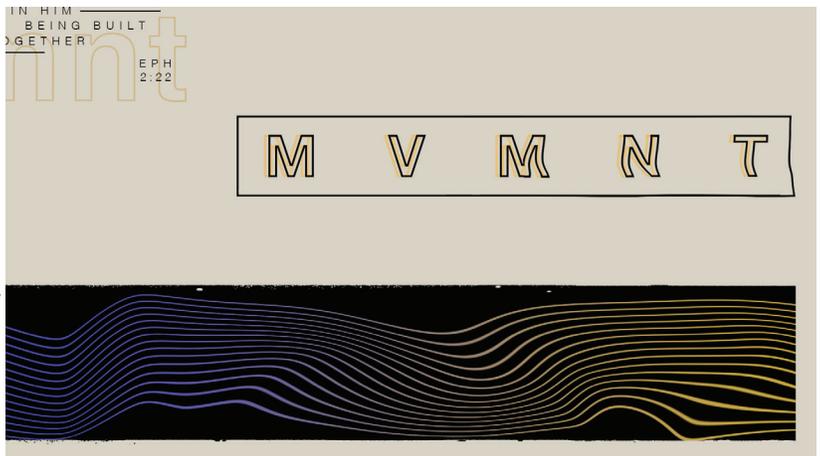
Describe a time when you received a handwritten letter or card and the words meant a lot to you.

MAIN CONTENT

This week we started a series called “Movement”. A movement happens in your heart before it moves through you.

1. What does the word “movement” mean to you?

This week, our message comes from the first chapter of Ephesians in the Bible. Ephesians is a letter written by the Apostle Paul to the church in Ephesus. Ephesus was a town in modern-day Turkey. Paul knew there was a need for a movement of God in the people of Ephesus. Paul wrote the letter to the people of Ephesus to give them hope and urge them to be a part of the movement God had for his people as they were seeking and following Him.



2. How do you see movement in your journey to follow Jesus?

We all want to be a part of something bigger than us. We want to make a difference. When we are moving in and towards God, we are moving in a way He can use us.

When we are moving towards God, it means we are actively engaging Him. We can talk to Him in prayer, listen to Him and learn more about Him by reading His word. The more we do these things, the more we know Him.

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Ephesians 1:1-2 talks about God calling us as holy (set apart from others) and faithful (full of faith in Christ).

3. Do you see yourself as God sees you – holy and faithful? Why or why not?

God wants us to see ourselves as He sees us. The moment we put our faith and trust in Him, our identity is changed to holy and faithful. When we choose to follow Christ, we become a part of a movement where we see both our lives and others' lives changed by our faithfulness and desire to allow him to be the Lord of our lives.

God doesn't say everything will be perfect in the movement to follow Him. In fact, there are times we may be confused. But when we spend time to know Him, He will continue to help guide us through the journey as we learn more about Him.

It's not about knowing about God - It's about knowing Him. You can know about someone but never truly know them if you don't take the time to get to know them.

Read Ephesians 1:16-19

Jesus wants to know us. He wants to spend time with us. The more we know Jesus, the more we become like Him. He spoke specific words to us in the Bible – words to encourage us, words to show us he cares for us, words to help us live a better life, words to help us know Him.

4. Out of everyone in your life, who do you feel knows you the best?

Pastor Kevin said we know ourselves the best. Think about it. Who talks to you the most? You do. You have inner dialogues with yourself all the time (sometimes out loud). You can choose to build yourself up or not. The more you know, the more His character becomes your character. The more of His character we have, the less attractive sin looks to us.

5. How well do you feel like you know Jesus?

6. If you don't know Jesus well, what keeps you from getting to know Him better?

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One thing we all want in life is to be known. We want to be known by our loved ones. Just like we want to be known, God wants to be known as well. He wants you to know him.

Read Ephesians 1:19-23

Jesus has more power than anything and anyone else in this world. He wants you to live by that power. We live by that power as we

1. Preach to ourselves (tell yourself the promises God has for you and what He has called you to), and
2. Seek to know God Better. When you know him more, you will know what He says in His word to help you live your life as a follower of Him.

7. Which of those two things is easy for you? Which is more difficult? Why?

As we continue our journey to follow Jesus, it takes effort for us to move with Him and get to know Him. This week, join others at Cross Point and take 10 minutes a day to read the book of Ephesians. It's all mapped out for you at www.crosspoint.tv/devo.

When we all follow Christ closer and get to know Him better, a movement of hope can sweep across Nashville and Middle Tennessee. Let's share the hope of Jesus to our friends and neighbors.

CLOSING PRAYER

God, thank You for sending Your word and promises to us. Thank You for always moving closer to us before we move towards You. Help me take the time to know You and seek You. Help me focus on You more so I can be a reflection of who You are to those who need You. In Jesus' name, amen.

ACTION STEP

Over the next 4 weeks, join with others at Cross Point as they read through the book of Ephesians. You can find the plan at www.crosspoint.tv/devo.

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