



GROUPS AT CROSS POINT

BREAKING THE ICE

Are you someone who is a clutter-free person? Or are you someone who drives those people crazy?

MAIN CONTENT

This series has taken a look into unsubscribing from discontentment, busyness and darkness. This week, we talked about unsubscribing from things outside of God that have spoken into our identity. Pastor Kevin mentioned that our life is shaped by our thoughts, and the three areas those impact the most are 1) How you think about God, 2) How you think about yourself, and 3) How you think about others.

1. What point or example in the message impacted you most, and why?

READ Proverbs 4:23

A.W. Tozer wrote, "What comes into our mind when we think about God is the most important thing about us."

What we think about God shapes who we are and how we live.

If we think God is disinterested in us, we will be disinterested in Him.

If we think God is distant, we will operate in our own strength.

If we think God doesn't care, we will not ask for help.

That then begs to question - "How do we know how and what to think about God?"

The answer is simple: we go to scripture.



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God is present. He is active. He is love. He is faithful.

2 What do you think of when you think about God?

3. Are there any lies that you've subscribed to of who God is?

Over the years, we tend to subscribed to the messages, ideas, names, labels and identities of what people have said to us and about us.

It is time to unsubscribe from those, take them to God, and let Him tell you who you really are. Much like how God changed someone's name in the Bible when He wanted to change their life, He wants to give us a new name. He wants to change how we see ourselves.

If you wonder what God thinks about you, think about the cross. When you were at your worst, you were worth Jesus to God.

READ Romans 5:8

4. Is it hard to imagine that God would give His only Son for you, even in your worst? Why or why not?

5. What does this say about who He is?

We found that one of the most common answers to "What are you worried about?" is "I'm not enough." Pastor Kevin believes that response is because we live in a culture of comparison.

When we compare ourselves to others, it clutters the way we think about ourselves. If we aren't getting how we think about ourselves from God, then we'll get how we think about ourselves from other people. When we do this, other people's lives become the measuring stick of our value & worth. This will leave us defeated.

When you need a measuring stick to validate your worth, that measuring stick is the cross.

6. What are some ways that we tend to compare ourselves to others?

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7. What are some practical things we can do in our lives to unsubscribe from comparison?

READ Romans 12:1-4

In today's world, we have to learn how to clear the clutter of comparison. In Romans 12, Paul gives us 4 ways to do this.

Renew your mind (v. 1 & 2) – Through renewing our minds, transformation happens. This allows us to remove ourselves from conforming to the patterns of this world.

8. What are some ways that we can renew our minds? How does this transform us and our perspectives?

Act Medium. (v. 3) – You don't have to promote yourself and act larger than you are, and God doesn't get glory from you shrinking back in timidity or false humility. We can Act Medium.

9. What does it look like in our everyday lives to "act medium"?

Use your gift (v. 4) – God has given us natural & spiritual gifts. You can't earn or deserve them, and we find our greatest fulfillment when we use our gifts to serve others. Whatever that gift is, use it for God's glory.

10. What are the gifts God has given you? How can you use those for His glory?

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CLOSING PRAYER

God, thank you for giving us your Son, Jesus, to show us what life full of truth, love and sacrifice looks like. Help us to seek You first and give us a mindset of serving and loving others. Teach us how to pray. Teach us how to look to Scripture and to You to define our identities. Help us to unsubscribe from the lies the enemy tells us and to find our identities in you alone. Help us to believe that, with You, anything is Possible, and give us the courage & humility to reach those who are far from You. Amen.

ACTION STEP

We all encounter the temptation to subscribe to finding our identity from somewhere or someone other than Jesus. What are some practical steps you can take to begin unsubscribing from places where we have previously found our identity? How can we de-clutter our lives of comparison?

First, identify a place in your life where someone or something has made you believe you are something contrary to who God says you are. Share this with the group. Second, pray. Pray for this area of your life, for God to work, and for Him to give you the courage to explore who Scripture tells you that you really are. Third, invite your group to walk alongside you as you begin the process of unsubscribing from the lies the enemy has told you. We believe that, with God, anything is possible, and with Him, we can begin to unsubscribe from comparison in our lives.

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